



Jess Macaulay and Jules Cooper head south towards Townsville

Meet a local

Charity riders

Q&A



Name: Karen Venables
Occupation: Self employed (JK's Delicatessen, JS&KA Venables Plumbing and Draining)
Date of birth: 14/6/74
Marital/relationship status: Happily married
Favourite music: Any Eagles or U2
The first LP/tape/CD I bought was: Culture Club, Duran Duran
My favourite song: *Father and Daughter* by Paul Simon
My favourite book: *Wally Lewis, Out of the Shadows*
My idols: Mum and Dad. I hope I can be half the parents they have been
My first job was: Coles deli at 15
Away from my job I relax by: Spending time with family and friends
Moment I am not so proud of: I don't have regrets
I can't live without: My family — they are my greatest achievement
If I was down to my last \$10 I would spend it on: My children
What makes me really happy: Forrest Beach at Christmas time and all the family is together. It's great
Most embarrassing moment: I often say hello to people in the deli and realise they are not who I thought they were
I'm hopeless at: Saying no
I'm really good at: Cleaning my car
Something most people don't know about me: I've never backed against the Cowboys in 15 years
Something I'd like to change about the world: Every child has loving parents
My secret, guilty pleasure: Samboy barbecue chips
Five people I'd invite to dinner: Oprah, Ellen DeGeneres, Clarissa Flockhart, Andrew Denton and Karl Stefanovic
If it was my last meal on earth, I'd choose: Nonna's risotto and mushrooms
My philosophy on life is: You only get one chance so make the most of it

THEY have clocked up more than 29,000km, cycled on four different continents, through 27 countries and still their finish line is more than 7000km away.

Originally from Brisbane, Jules Cooper, 34 and partner Jess Macaulay, 26, from Melbourne, met in the UK and decided to put themselves to the ultimate physical test, all in the name of charity.

The couple are raising funds for the Ardoch Youth Foundation to assist youth from disadvantaged backgrounds access better educational opportunities.

Starting from the world's southernmost country Ushuaia in Argentina, the pair crossed the Andes before flying back to the United Kingdom where they saddled up their equipment laden bikes for the European trek to Moscow and on to China, before island hopping through Asia down to Singapore.

Leaving Darwin on March 4, the couple had an overnight pit stop in Ingham last Tuesday, by which time they had been in their seats for 15 long months.

Averaging about 100km a day, the couple expect to arrive in Melbourne in July where their chosen charity is based.

"We wanted to pick an Australian based charity that worked with kids because we think we're doing interesting things along the way and the school children can follow us through our website," Jess said.

Meanwhile Jules said "Ardoch's over-riding drive or purpose was to make education a reality for all kids".

"So they work with disadvantaged kids whose family structure is not great or don't have a lot of funds, including ethnic families who need help to do their homework because they don't speak English very well."

Express puzzles

Crossword Number 205

1	2		3		4	5		6	
			7						
8		9			10		11		12
13					14				
15									
				16					17
18	19		20				21		
22						23			
			24						
25							26		

ACROSS

- Children's game (1-3)
- Ritz
- Eternally
- Explodes
- Twig homes
- French "yes"
- European language
- Thoroughfare
- Cruise
- Engraver
- Mousse
- Princely
- Direct one's course
- Mechanical recitation
- Cricket target

DOWN

- Twosome
- Jet of water
- Affirmative vote
- Parliamentarian
- Bird
- Takes a seat
- Placard
- Robbery at sea
- Reserved fodder
- Buckler
- Evolve
- Category
- Ticket scalper
- Maltreat
- Married

Sudoku Number 205

		8	9	4			5	
4						8		
	3		2	6				4
						2		1
6	3					9		5
9	2							
5				9	4			2
		4						3
2				8	5	6		

Sudoku Difficulty Level - Medium

SUDOKU RULES

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 through 9. There is no math involved. You solve each puzzle with reasoning and logic. Each puzzle only has one solution.

A	P	R	I	S	O	N		H		1	4	7	5	3	8	6	9	2
W	I	R	E		E	R	I	C	A	8	5	3	6	9	2	4	1	7
A	I	N	T	A	C	T		F		9	2	6	4	7	1	5	8	3
R	A	N	T		D	S	A	T		2	3	8	7	6	4	9	5	1
D	U	K	E	D	O	M		G		4	7	9	3	1	5	8	2	6
I	D	O		C	R	O	S	Y		5	6	1	2	8	9	7	3	4
S	I	R	O	N	I	C		K		6	1	2	9	5	7	3	4	8
M	A	L	A	Y		N	U	D	E	7	8	5	1	4	3	2	6	9
S	S	S	S	S	S	S	S	S	S	3	9	4	8	2	6	1	7	5

Solutions to Crossword and Sudoku No. 204

Don't be late Make a Date in the CALENDAR OF EVENTS

MAY

- 8 DALLAS STEELE**
Dinner and Show
Knightclub Function Centre
Tickets at Piotto's - more info
Phone 4776 1632
- 9 FORREST BEACH MARKETS**
Progress Park - 8am - 11.30am
Music by Jim McKeough
Morning Tea, Sausage Sizzle, Cold Drinks, New Stalls Welcome \$7.
Contact 4777 8942
- 13 INAUGURAL SIR ARTHUR FADDEN DINNER**
7pm Royal Hotel - All welcome.
For further information phone 4776 6769 or contact Andrew Cripps.
- 15 MARK VINCENT**
"WINNER OF 2009 CHANNEL 7 AUSTRALIA'S GOT TALENT"
One Show Only - Ingham Showgrounds - \$20.00 at the gate
- 16 INGHAM RAINTREE MARKETS**
Sites \$8 - New Stalls Welcome
Phone Judi 4777 7573

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PHONE 4776 1588
 (Deadline & conditions apply)